

OCT 4th - DEC 29th
BTC2008

Body Transformation Challenge

BRONZE BTC

- before & after measurements and photo
- motivational and informative workshops
- 1 hour PUSH training coaching

SILVER BTC

- bronze BTC plus 8 x fat loss sessions

GOLD BTC

- silver BTC plus 8 x PUSH training sessions

SPECIAL OFFER!!!

Join **PUSH NOW** and
receive the **BTC2008**
FREE!

GREAT prizes to be WON!
PLUS..

Special packages from
Viva and Gen-Tec
for the runners up!



Our 2007 Body Transformation Challenge reaped some absolutely amazing results!

Our group lost 279 kilograms with the top 10 losing a staggering 126 kilograms and over 349 cm's!

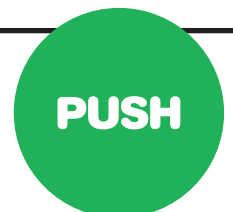
How much will **YOU** lose this year?

BTC WINNER 2007
lost over 30 kg's!

Last year's winner Fady created a BTC and weight loss record for Adelaide with a huge 30.42 kilograms of weight lost in the 8 weeks!



www.vivafitness.com.au



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PUSH_Training Systems